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Nutrition In Clinical Practice





Synopsis

In nearly every level of treatment and counseling, care providers must take into account the effects of their patientsâ [™] diets. Nutrition in Clinical Practice is written to guide health professionals in providing well-informed, compassionate, and effective dietary and weight-management counseling. This fully updated 3rd edition is edited by a leading authority in nutrition and preventive medicine. Practical and evidence-based, chapters address the effects of diet on health and a comprehensive array of illnesses, making it a vital and timely addition to any caregiverâ [™]s library.Features:NEWÂ data from hundreds of recent studiesNEWÂ section: Contemporary Topics in NutritionEasy-reference format includes short chapters, links to current online articlesContributors representing diverse expertise and practical experience with medical education, nutrition in clinical practice, and preventive medicineEnhanced coverage of controversial topics, such as, the effects of sugar; health effects of obesity and the â ^obesity paradoxâ ™; health effects of gluten and grains; nutritional therapyAppendices includes ancillary materials such as clinically relevant formulas, nutrition data tables, and patient specific meal planners, all fully updatedNow with the print edition, enjoy the bundled interactive eBook edition, offering tablet, smartphone, or online access to:Complete content with enhanced navigationA powerful search tool that pulls results from content in the book, your notes, and even the webCross-linked pages, references, and more for easy navigationHighlighting tool for easier reference of key content throughout the textAbility to take and share notes with friends and colleaguesQuick reference tabbing to save your favorite content for future use

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